

Global Energy Updates

1 Sep 2010



Emerging from limbo

(for the southern hemisphere)

With August safely behind us and September blossoming before us we are finally emerging from what has truly been a period of deep winter hibernation. Awakening from our wintery slumber and the past few months of feeling stuck, frustrated, and as if nothing is moving in the way we want it to; we stand with renewed hope, feet firmly planted in the ground, arms outstretched as we reach towards the first golden rays of opportunity and clarity of direction. It's been a long winter without it but finally it's time for the dawn of new light, possibility and direction. At last, it's time to move forward again and the revival of our senses is encouraging us to reconnect with ourselves at an even deeper level. As the sunlight touches our skin once again it ignites within us our own inner light and need to move forward. Don't be surprised if September leads you to inspired ideas and the courage to act on them, this is not a time for limitation or playing it safe, rather this is a time for rebirth and for refocusing ourselves towards the person we are daring to become. As time goes by we are feeling the intensity of the season changes and effects they have on us. This winter-to-spring transition lets be aware that it is so much more than sunlight touching our skin; our bodies are absorbing that light into every cell and the energy it carries is waking the inner being that we have been asleep to for so long.

(for the northern hemisphere)

With the summer months now tapering to a close and the cooler weather about to being, be mindful that it is so much more than a change of season, but a change of heart that we are about to embrace. The coming winter is a time to rest, recuperate and realign ourselves with our true purpose. At this time we are engaging with something deep within us, moving away from material desires and into ideas about what it really takes to be happy. Autumn prepares us to move within, and to stop the rushing and the mad buzzing of the outside world so that we can once again connect to the quiet centre where our inner being resides. As time goes by we are feeling the intensity of the season changes and effects they have on us. This summer-to-autumn transition lets be aware that our time has come to enter into the authentic being more completely than ever before, and to eventually emerge from winter wearing the glow of our own divinity.

Beyond the seasons

My (nearly) 4 year old son came home from school the other day telling me about the seasons, and how the leaves fall from the tree's in the winter so that new life can begin in the spring. Granted, he didn't put it quite so eloquently but I got the gist of it. It reminded me of the importance of our own inner hibernation process, the limbo and 'stuckness' that we often feel during the winter months and how they always give rise to bursts of new life-force and an renewal of self, allowing us to emerge confident, connected and empowered. We are being guided towards connecting with ourselves and our highest potentials, this entails a release of limitations and a sometimes scary feeling of being out of control.

Coming out from the shadows:

Moving forward there is the strongest and clearest sense that we can no longer hide the magnificent light that we are. For so many of us we have been hiding ourselves away, often afraid to reveal the fullness, the depth and the intensity of who we really are. The time for isolation and the time for hiding is over, we are now actively seeking out our power and our magnificence; the very things we have kept hidden for so long. At last, basking in our own light from beneath the 'safe' hiding places we emerge and reveal the radiant mastery from within. It's time for all of us, to stand (and take a stand) in our light.

The Courage to Connect:

It takes courage to be seen, but it also takes courage to *feel* our way through life and avoid the temptation (as we live in this technological age) to over ride our innate emotional wisdom with our logical mind. It's always fascinated me that although we are a planet of over 6 billion people we feel so alone, it seems like an insanity and it really is. How do we feel alone in such crowds and such numbers, it's easy, each of us knows exactly how to do it. We could be in a room of a thousand people or a planet of 6 billion but when we have disconnected from our own inner being what results is a deep and seemingly endless sense of isolation. The logical / thinking mind is the mechanism that we use to facilitate the disconnection from our emotions and all other senses. When we reconnect with our emotions (and thereby our inner selves) we allow the logical mind to take its rightful place as the information processor and feedback system. For so many of us the logical mind has been mistaken for who we are, our very identity, which is why we are discovering that we are feeling empty and incomplete; because of course we are so much more and we are about to discover that.

With connection comes belonging and with belonging comes the peace that we have all been looking for.

Schedule for September (for Johannesburg, South Africa)

details attached

The Abundance Tree – Part 1 (mini workshop)
from 09h30 until 14h00

Saturday the 25th of September

Cost R450

The Abundance Tree – Part 2 (mini workshop)
10h00 until 14h30

Sunday the 26th of September from

Cost R450

The Abundance Meditation Morning (including channelling)
September and repeated on Sunday the 3rd of October

Sunday the 19th of September

From 0930 until 1200
Cost R300

Please email info@kerryk.co.za for bookings



wishing you love and light

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