

Welcome to January 2009 – the year of enlightenment

I will be resuming appointments for private consultations as from the 19th of January, in Johannesburg first and then on to Cape Town (I will send out Cape Town dates shortly). Lets start with the first energy update for the year:

Energy update January 2009: peace and war

The energy updates are a way to connect with the global and universal energies and a way to better understand ourselves and what we are going through. The closer we move to 2012 the more these energies are speeding up and at times we get swept along with these energies ... here is an opportunity to recognise those energies and allow ourselves an opportunity to work with them and experience greater ease and flow of life in 2009.

December carried a very interesting energy in that the mindset over December is often that we expect a period of winding down, holidays, relaxed, carefree time with family and friends. For this December it was certainly not the case as we were jolted into setting (or resetting) our course for 2009. A lot of people experienced a very busy and hectic December and it felt like we were continuing to work on an even deeper level instead of winding down, on some level we were challenged into making new decisions or setting a new course. From the 17th of December onwards that energy eased up a bit and led us into January where we can expect to experience more harmony and centeredness. There is a wave of positivity that permeates through January and gives us the strength to carry through our resolve, December was the hard work of setting that resolve and January is the reward. That's how it is for the light beings that have committed to that path. Even in the midst of global uncertainty and major threats to world peace (such as the ongoing violence in Israel) we are left with a sense of calm and ironically, peace!

On a ground level we look at the global threats to peace such as the fighting in Israel, and can see reflected in that unrest the ongoing inner struggle of many human beings. Israel has always been the microcosm that reflects what humanity as a whole is doing. The violence can reflect the inner war that human beings undergo on a sometimes daily basis, but around all of that violence is a great call for peace. This is an opportunity for you to decide, whether you will be at war with yourself or choose peace ... your own peace, that is. The pathway to enlightenment is opening at a more rapid pace than ever before, embrace it and every opportunity it brings, that is the energy of this powerful month.

Wishing you love, and the wisdom to receive it

Kerry K

Text Box: Johannesburg consultations begin 19th January 2009, bookings open now please email [theonlykerry@mweb.co.za](mailto:theonlykerry@mweb.co.za) or phone 028 572 1612 before the 14th of January and for bookings made after the 15th of January please call 082 326 4451.

Pretoria consultations on 28th January 2009 Please email [kim@wsgeach.co.za](mailto:kim@wsgeach.co.za) to make a booking Dolphin Swim 21 – 25 January 2009 Please see below for further details