

Please read below (page all the way down) for
upcoming guided meditation groups on the 14th and 21st of March,
living on purpose workshop on the 28th of March
private readings
and of course this month's edition of Global Energy Updates



March Global Energy Updates

March – a time for choice and releasing the trappings of the past

Month number three of a super-fast-paced year and we're still spinning! Good! Nothing is ordinary about where we are in our lives at the moment and that is completely on track! For those who are *not* wondering where their next step will be, who are *not* spinning in a crazy and uncertain direction, there is a huge desire to escape the ordinary and change even if they don't know what they want to change to. It is as if we all know on some deep level that we need to go beyond the ordinary right now and into the unknown. We're all stepping out of a reality we once recognised as safe and sure and predictable into something exhilarating, unknown and even somewhat daunting. We are not meant to be skipping carefree into this new territory, we are supposed to be looking over our shoulders with trepidation, checking to see who is coming with us; remember that even though we don't have a sure sense of where we are going to, we do have a sure sense that we must "go" from where we are. This is what it feels like to shift into the present, and to trust ourselves even when we don't have a firm sense of what we are doing and why. What we are about to realise is that we never need to know the outcome because we are not meant to work for the outcome, only for the job at hand.

Remember that in times of uncertainty we tend to reach for (or cling to) something familiar to give us a sense of safety. Look at what (or who) your safety zones are. It will be different for everyone but now is a great time to review those safety nets and decide if they're still valid for our evolving selves. Some people use comfort food like carbs or chocolates, others go back to old lovers for a dose of the familiar, some will go back to parents who represent a nesting place. Just notice what your illusory sense of security is and take a moment to see what it might be preventing you from experiencing. March is a time for risk taking. Reward follows risk, safety does not.

So if we don't get to derive security from the safety of what is known and familiar, and if we are entering into the unknown (once more but this time to a greater degree than ever before) then where are we supposed to find that very necessary sense of security? Well, security comes from trust in what is certain. The difference is that trust can no longer be found outside of us, it has to come from inside. As we have seen the world around us is becoming increasingly fast paced and unpredictable ushering us into finding a new place of security and that is in our sense of Self and of our purpose. *[see below for details of workshop on 28 march pertaining to soul purpose]*. Together, we are discovering that what we once thought was security is actually nothing more than trappings of the past and as we look around us let us delight in the smiles and open hearts of the loving beings guiding us, each other and of course our emerging divine selves. What radiance!

Some important dates for March:

Mars turns direct on the 10th of march (this releases us to take action where we have previously felt stuck)

New moon 15th of march (time for new beginnings), closely followed by

Autumn Equinox on the 20th of march (time for harvest or clearing out the old, signifies the turning of the seasons or changing our minds (and hearts) about something)

Full moon on the 30th of march (time for releasing)

My Calendar for March and your invitation to upcoming events:

Private readings

are fully booked for March, please book now for April and May but remember to let me know if you urgently need a reading in which case I will put you on a waiting list.

Readings can be done telephonically or via Skype from anywhere in the world. Telephonic / Skype readings are as profound as in person readings because it is the auric field and not the physical presence that I read, distance makes no difference at all. Please refer to

<http://www.kerryk.co.za/psychic-services.htm> for more info

Guided Meditation groups

Sunday morning, the 14th of March (for the new moon meditation) AND

Sunday morning, the 21st of March (for the equinox meditation)

These meditation dates are so much more than a guided meditation, they include

*deep relaxation

*personal energetic alignment with the relevant energies depending on the day (new moon or equinox)

*mini workshop and channelling

Cost R300 per person, beginners most welcome.

Venue is Parkhurst, Johannesburg (if you are not in South Africa or even the area you are welcome to tune in at the same time and join our meditation)

starting at 09h30 and ending at 12h30

booking is essential, you may choose to come to both or one

Workshop: Living on Purpose

Held on Sunday the 28th of March

A one day sacred-journey workshop held in Johannesburg, facilitated by Kerry K

What would your life be like if . . .

the concept of separate and disconnected were replaced with an experience of oneness and belonging?

If you knew not what you were meant to do but who you were meant to be and what your soul has come here to achieve

If you were connected to

*yourself

*your soul

*others

*God/the Universal Source

*oneness

Come along and find out, booking is essential

Cost R600, venue Parkhurst, starting at 09h30 for 10h00 and ending at 15h30

Bookings can be done by emailing info@kerryk.co.za or by telephone 082 326 4451 (please note that emails are often returned before phone calls)

Website www.kerryk.co.za

Would you or anyone you know like to be added to the data base to be included in upcoming energy updates and posts throughout the month. Please send an email to info@kerryk.co.za with the word **ADD** in the subject line. Please include a personal email address if you have one as well as your work address.

You can be removed from the data base at any time by sending an email to info@kerryk.co.za with the word **REMOVE** in the subject line

wishing you love and light every step of the way



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