

Energy update for August 2009

A return to freedom

If you look back at the past 8 months, no one could have predicted all the changes you've been through, the sudden and unexpected turns of events that have been crammed into this year have left many people wondering just how they've gotten through it all in one piece. What everyone has had in common so far is the massive shift in consciousness brought about by facing hardship and difficulty at an unprecedented level. Whether through inner stress and turmoil or outer chaos and confusion, we have in some way been challenged, even rocked at the core, and because of this new waves of energy emanate from us now. We had to go back and clear out so that we could make space for the new way of being we are stepping into.

For a lot of people the strain and unbelievable pace of this year was at its peak in June and July. What we experienced was a constriction of energy, as if the walls were closing in and we found ourselves feeling limited, seemingly without options, no choice. But we have emerged from that state and as of the beginning of August, we are on the brink of stepping into open, expansive, beautiful freedom. A breath of fresh air accompanied by new directions and profound decisions. The vast expanse before us now was not there before, it is what we have been looking for, praying for and collectively creating for some time now. We can only fully enter into this new reality though when we disengage from struggle. You may find it rather tempting right now to be blinded to the beautiful space ahead of you and unconsciously trying to re-enter the old reality by perpetuating struggle. The two realities (old and new) are not supposed to be at a tug of war, they are different places and we must choose which one we are aligning ourselves with. The space in front of us now is raw potential and we can create it, mould it, play with it, shift it and make into what we choose it to be but it does require a letting go, a surrendering of struggle in order to find ourselves fully present in this new place. We have never before stood on the brink of such creative potential, where we are free to create realities that far exceed our highest dreams and we are in a place where even our highest dreams have been re-evaluated. the farmer suddenly wants an experience of city life while the corporate rat makes a break for freedom and heads for the wilderness, the ballet dancer suddenly decides on a career in television and what we thought we wanted doesn't seem so enticing anymore. The things we've been working for seem less exciting because we are supposed to be looking at new idea's, we are awakening and this is what it feels like when we recreate ourselves.

To be in this place of freedom takes courage because no matter how many times we are told that this is good, that the new realities we have created for ourselves are easier, with less illusion and more truth, we are still entering an unknown reality. August see's us entering a space where we may feel unsure of where we are going next, and that's exactly where we are meant to be. Often, before we enter the unknown, we can experience trepidation and uncertainty. This is amplified by two things, one) we have never been here before, we have never experienced this much heightened consciousness (God) in the air around us and two) we have to redefine what we want because it's no longer what we thought it was. We are under the influence of freedom, surrounded by raw potential, we are embarking even deeper into the core of who we are, what a magnificent journey, filled with love and excitement and the support of fellow light beings on this planet and from far and distant reaches.

Remember that when we experience hardship we often long for life to go back to "normal" and allow for our safe return to the familiar. But we will never return to what was, we are changing and we have changed so instead of looking for stability see the excitement, feel the butterflies in your stomach, let your heart race, as you realise that you can be who you want to be, dance how you want to dance, love how you want to love and live how you want to live. All the experiences that we have gone through in the past few years, and in particular the past 8 months have been like the shedding of skin and the discovery of who we are at the core. Now is the time to fly, take the road less travelled, we are not bound by the old rules and the old realities ... we are freedom and we are soaring together.

About my work:

Now more than ever the in depth soul readings/personal readings have become a vital and necessary component in engaging with your higher consciousness. Here is some more info on the readings and how they can serve you now:

Private consultations are hour long sessions in which we have an opportunity to interact directly with your guides and angels and have their wisdom and insights directly channelled to you. These are very powerful sessions and whilst each consultation is orchestrated by your own higher guidance, you can expect to focus on information such as: aura reading, chakra clearing and realignment, past lives, present life direction and life purpose, future events, angelic guidance, higher purpose and soul plan.

About Kerry Kronenberg:



Kerry is a psychic intuitive, utilising an array of psychic abilities such as clairaudience, claircognesance and mediumship to deliver a reading of comprehensive spiritual insight and guidance. Born to a lineage of psychic mothers, Kerry became aware of her gifts and life purpose at an early age. She quickly realised that whilst there are tremendous gifts to be gained from seeing into the future, she was being called to include a higher level of insight, she knew that the information she imparted had to mean something, it had to guide the person to their higher-soul-truth and allow them a glimpse into their own divine-life-plan. As she began connecting with the guides and higher truth of each individual and relaying *that* information, her readings quite literally took on another dimension and have now become a sacred space of wisdom, guidance and insight.

Where ever in the world you are, readings can be done telephonically or via skype

If you are in CAPE TOWN and would like to see me in person, I am consulting here for another 3 weeks and again in the end of October

If you are in JOHANNESBURG I will be consulting there from the end of September to the middle of october, Johannesburg dates are already pretty booked up so please let me know soon if you would like to book.

Other upcoming events:

dolphin swim 17-20 september in Mozambique

meditation group Johannesburg: dates to be confirmed

To book

Email theonlykerry@mweb.co.za or phone 082 326 4451

Wishing you so much love and the wisdom to receive it
Kerry

Would you or any one you know like to be added to the mailing list, if so please send me an email with the word ADD in the subject line

If you would like to be removed from the mailing list, please send me an email with the word REMOVE in the subject line