

Part two of the april 2010 energy update

## **Mid April Energy Update – War and Peace**

In the January edition of energy updates ([you](#) can view previous energy updates by going to [www.kerryk.co.za](http://www.kerryk.co.za) and click on news) I remember writing about 2010 being a year of fire and having possibilities of war, extreme tensions and flaring tempers. Each country has their own on-goings but South Africa hasn't shied away from news headlines recently with Julius Malema, Eugene Terreblanche and some very heated opinions.

I also wrote about the 'fall of Hollywood' and as we see more and more celebrities being exposed (Tiger Woods, Oprah Winfrey etc) what we are creating as a society is a move away from hero worshipping and finding the god/goddess within. A wonderful thing happens when we take people off their pedestals; we realise that they are only just human after all and it was unfair of us to put them there in the first place, following that we can begin to see ourselves as equal, valuable and powerful ... which we are ... beyond measure.

It's a year of healing and don't think for a moment that because it's a year of inner healing that we are going to be seeing outer peace. Quite the opposite, as all the parts of ourselves that are unhealed and unwhole must rise to the surface to be acknowledged and dealt with, there will be time of great chaos and confusion. How many times have you looked at the state of the world and thought that the whole planets gone mad ... well it has in a way ... this is the madness of what's been going on inside all of us, finally brewing to the surface where it can be released, cleansed and then healed.

### **war and peace, and the thoughts that create them**

Recently I've heard so many discussions on radio and TV about Julius Malema, and whether his singing of "shoot the boer" had in fact pre-empted the death of Eugene Terreblanche. My take on it is simple: all thought is creative. There are no exceptions. So chanting for the death of any person creates the reality of death. Can thoughts really kill? Yes of course they can! We see it every day in the form of illness and war. But it's important to remember that it is not weapons that kill people; people kill people, and people are not capable of creating destruction without destructive thoughts. Does this mean that everyone's life is in jeopardy in light of the fact that we cannot control the thoughts of another, no of course not. We have to be holding some kind of agreement or belief system in ourselves in order to be a part of it what is carried out. It's important to remember that,

chanting for war creates war, chanting for peace creates peace and chanting for love creates love, it depends where you choose to focus yourself; and that is what we are being given, a choice. When we believe in what we are saying or singing and not just blindly following words, we absolutely set about a chain of reactions that brings those events to fruition. Ancient civilizations knew the power of collective intention, they chanted for rain in times of drought, the young women sang songs to bring them marriage proposals, the men would gather in ceremony and prayer before embarking on big hunts. Before the advancement of technology we (as mankind) were far more in touch with ourselves, our true nature and our surroundings. We knew that individual and collective intention was powerful and it still is. Imagine if the majority of this country, or any country for that matter, united themselves in love and found and celebrated their Oneness. imagine if you experienced that Oneness and unity inside yourself in a group of just 10 people, even that would instigate change that you and I can't even imagine.

That is what we will be doing this Sunday the 18<sup>th</sup> of April in Parkhurst Johannesburg and again on Wednesday morning the 25<sup>th</sup> of April in Weltevreden Park Johannesburg.

A morning of meditation and channelling where we will be experiencing the collective power of peace and taking some time to align ourselves with what we want and setting about creating it. A channelled session follows where we will be listening to the insights of Mother Mary, Archangels and others about harmonizing yourself towards your reality of choice. Anyone may attend, no previous meditation experience necessary, all you need is the intention to learn and grow and become more connected with your authentic inner being.

Starting at 09h30 ending at 12h00, cost is R300 per person

### **Oneness and the collective consciousness**

One of the greatest illusions humanity has every perpetuated is the belief that we are somehow separate from each other. Quantum physics illustrates what the ancients have always known, the simplest truth; we are all One. Not just human beings, but the very earth that we live in, the plants and the tree's, the oceans and all life in it ... we're all one stuff, connected by an invisible field of energy. When we judge ourselves we begin to disown certain fragments of our own nature, we know better than most others just how many faults we have and in fear of letting the world around us see those inadequacies we begin to cover them up and justify them, thus protecting ourselves. But the inner judgement we feel becomes outer judgement and soon we not only feel separate within ourselves but also

separate and disconnected from the world around us. We try to maintain our point of view or our point of “rightness” by continually trying to prove just how wrong the others are. The more wrong they are the more right we must be and then we feel better about ourselves. You have to laugh (or at least smile compassionately) at the human rationale.

But what has all this got to do with Julius Malema, Eugene Terreblanche and you ... you guessed it ... everything! We are after all, all One stuff. We are being asked not to go to war with that which is different from ourselves, but starting within to find a place of peace and acceptance for all that we judge. In the days and weeks before Eugene Terreblanche’s death I thought just how much power those that oppose Julius Malema gave him by fighting against “kill the boer”, continually calling attention to it and feeding it. Lets come to our senses and remember that we cannot create peace with war and opposition, but we can create it with acceptance and compassion. Imagine how much anger and rage a person like Julius Malema must be carrying within him, and there are many like him. He, in a sense, becomes a reflection of the anger and rage that we have all felt in our lives. And as you may know, fighting with your own anger only makes you more angry but finding acceptance, forgiveness and compassion for your anger always free’s you. The more we find our own peace, the more we choose peace, the more we have peace.

### **Where is all this taking us and what do I do next?**

We do not have to create peace ... that would be very hard work. Rather, we need to remember that peace already exists, love already exists, the reality of having everything you want already exists; what you have to do is step into it.

There are so many upcoming dates for workshops that support each of you in finding your path towards doing exactly that

Sunday the 18<sup>th</sup> of April, morning meditation in Parkhurst Johannesburg from 09h30 until 12h00 (R300)

Wednesday the 25<sup>th</sup> of April, morning meditation in Weltevreden Park Johannesburg from 09h30 until 12h00 (R300)

Sunday the 28<sup>th</sup> of April, the repeat of LIVING ON PURPOSE (a workshop to discover your Soul Purpose) from 10h00 until 15h30 (R600)

Sunday the 9<sup>th</sup> of May, for the first time ever: SOULS DESIRE (a workshop to access what your Soul wants and how to get it) from 09h30 until 15h30 (R600)

For those not in Johannesburg, these sessions will be recorded and available for download

Who are these workshops and meditation groups for?

You don't need to have any previous understandings or experience, only the willingness to grow, learn and embark on the joyful experience of becoming more of who you really are.

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wishing you love and light and the wisdom to receive it

*Kerry K.*

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